

West Paw treat toys that work well with these recipes

- **TUX®**
- **TOPPL®** (pro tip: use a small and large Toppl together to make it even more challenging)
- **QWIZL®** (be sure to use a thicker recipe with Qwizl so it doesn't overflow, then freeze)

OATMEAL BERRY TREAT

Makes approximately 3 - 2.5 TBS servings

Ingredients:

- 1 Cup Plain oatmeal
- 1/4 Cup Berries – blueberries, strawberries, or raspberries. Frozen works as long as there is no added sugar.

Directions:

1. Prepare your plain unsweetened oatmeal according to the directions and allow it to cool and thicken.
2. Add 1-3 berries depending on the size of your dog and the toy. You can smash them up to spread them around.
3. Fill the toy with the oatmeal, berry mixture, or for an extra challenge – freeze the mixture inside the toy or for extra flavor add a spoonful of yogurt!

PUMPKIN CHEESECAKE

Makes approximately 5 - 2 1/2 TBS servings

Ingredients:

- 1 - 15 oz can fresh pumpkin puree
- 5 Tbs Cream cheese
- 5 West Paw Beef Heart of Liver Treats

Directions:

1. Mix pumpkin and cream cheese in a 3 to 1 ratio: 3 Tbsp pumpkin to 1 Tbsp cream cheese. Increase the quantity accordingly if your toy is larger.
2. Crumble dog biscuits and add to mixture.
3. Stuff into toy - can be frozen for an extra challenge!

PUMPKIN PIE SMOOTHIE

Makes approximately 5 - 2 1/2 TBS servings

Ingredients:

- 1 Cup Plain Greek Yogurt
- 1 - 15 oz. Pureed Pumpkin
- 1/2 Cup Unsweetened Applesauce

Directions:

1. In a medium bowl, combine yogurt, pureed pumpkin, and applesauce.
2. Spoon into a West Paw treat toy and freeze until solid.

PAWSOME AWESOME BREEZE

Makes approximately 4 - 2 1/2 TBS servings

Ingredients:

- 8 oz plain (non-sweetened) yogurt
- 1/2 cup sugar-free apple sauce
- 1 tablespoon honey

Directions:

1. Place yogurt and apple sauce in a bowl.
2. Whip until foamy.
3. Add honey and blend.
4. Pour into a toy - can be frozen for an extra challenge!

CHICKEN LICK'N GOOD

Makes 2 servings

Ingredients:

- 1 cooked chicken breast (no skin, bone or seasoning)
- 1/2 Cup Low sodium chicken broth

Directions:

1. Cut up chicken into small pieces suited for the size of your dog.
2. Stuff chicken into a toy.
3. Fill remaining space with chicken broth and freeze.

BANANA MUTT CRISP

Makes approximately 5 - 2 1/2 TBS servings

Ingredients:

- 1 soft, ripe banana
- 1/2 cup xylitol-free nut butter
- 8 oz plain (non-sweetened) yogurt

Directions:

1. Place all ingredients in blender or food processor and puree until smooth.
2. Pour into a toy - can be frozen for an extra challenge!

CRISPY CHICKEN CHILLER

Makes approximately 5 - 2 1/2 TBS servings

Ingredients:

- 1 cup cooked, diced chicken
- 1/2 cup low sodium chicken broth
- 4 pieces West Paw Freeze-Dried Raw Dog Treat

Directions:

1. Place cooked chicken in blender or food processor with broth. Puree until smooth.
2. Pour into toy - can be frozen for an extra challenge!

Zogoflex is floatable, freezable & top rack dishwasher safe, USA made, non-toxic, latex & BPA free, and FDA compliant.

Please remember your dog's safety is your responsibility. No dog toy is indestructible. Choose only toys that are the appropriate shape and size for your dog and always supervise your dog's use of toys.